

## ENGAGEMENT:

Students should be able to find out about the services available for themselves and their peers without feeling pressure. I aim to promote monthly breakfast mornings with the Counselling Service, S2S and other representatives where students can get information on the range of services. I want to expand the Welfare Committee to include more positions, in particular a Society Liaisons Officer and a deputy Volunteer Coordinator. This will ensure a wider range of events and more efficient campaign weeks. Beyond campaign weeks, I want to continuously collaborate more with interested societies and clubs for events promoting wellbeing in college. I will campaign more effectively through supporting the officer for students with disabilities and actively informing lobby groups to ensure that Trinity effectively contributes to effort to ratify the Convention of Rights for People with Disabilities (CRPD).



# VOTING TIMES

VOTING IN TRINITY HALL  
MONDAY 19TH: 8PM-9PM

ARTS BLOCK & HAMILTON  
TUESDAY 20TH: 10PM-6PM  
WEDNESDAY 21ST: 10PM-6PM  
THURSDAY 22ND: 10PM- 4PM

KEEP AN EYE ON MY SOCIAL MEDIA  
ACCOUNTS FOR INFORMATION  
ON OFF-CAMPUS VOTING TIMES!

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JamesForWelfare



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*James*  
FOR WELFARE

# WHO AM I?

Hey everyone, I'm James! I'm a third year Politics and Economics student from Belfast and I would love to be your next Students' Union Welfare and Equality Officer. I am very passionate about the role and addressing student issues is an extremely serious and important matter for me. Through my experiences in college over the years, I have become increasingly equipped with the necessary skills for the role, as an approachable person who can offer a non-judgemental outlook for students in need. I have the drive and organisational skills to ensure things get done for students on a wider scale as well, and I promise to represent you effectively and get things done.

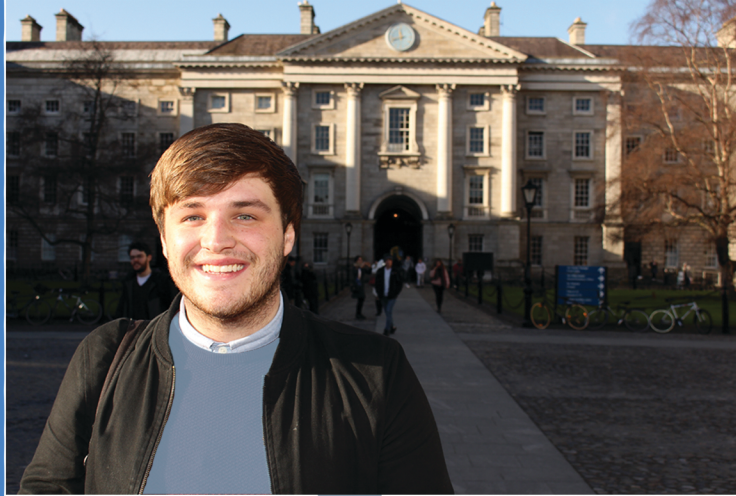
Please do take part in the campaign! Raise your issues, ask your questions and let me help you change what you want about college life. No issue is ever too big or small!

## MY EXPERIENCE

**JCR Welfare Officer:** Last year I was the Welfare Officer for Trinity Hall. A somewhat small-scale version of the SU role, it gave me a lot of experience with casework and taught me so much about the day-to-day issues our students are facing.

**Welfare Committee:** I've been on the SU Welfare Committee; this year as Volunteer Coordinator and last year as a Halls representative. Through this, I've helped run the welfare campaign weeks and organised hundreds of volunteers to get involved.

**Training:** I have received S2S Peer Supporter training, covering a wide range of skills necessary for dealing with welfare issues. I have built a brilliant rapport with many College services and I have strong knowledge of referrals. I've also completed SAFEtalk training for suicide prevention.



**Working Groups:** I was a member of the steering committee which organised and ran the pilot year of consent workshops in halls and I have also worked with Healthy Trinity's Mental Health Working Group in order to promote positive mental wellbeing throughout college.

## MY MANIFESTO

### CONSENT:

I aim to continue the success of the consent workshops in Halls. The next natural step is bringing them to campus, emphasising the importance of keeping the conversation going throughout college. I would like to reach out to clubs and society committees to offer them a chance to partake in the workshops.

We need more awareness about the different avenues of support available if you experience anything and don't know your options for reporting incidents.

### STUDENT FINANCES:

Many students don't know if they are eligible for financial aid in college or how to go about accessing these services, therefore I aim to promote them more within college.

I want to provide a 'food token' system, with the help of the SU Cafe. This will ease the stress on students who are struggling in those last few days at the end of the month before their payments come in.

I will continue to provide practical support for people distressed regarding accommodation, and also get more welfare representation to Trinity-affiliated residences.

### HARM REDUCTION:

Some students are uninformed about drugs and the effects they can have. I aim to educate students more about harm reduction. I want to provide easy access information and promote healthy wellbeing through campaigns and liaising with drug-affiliated health organisations.

I want to revisit the campaign for decriminalisation, forming new focus groups and working in accordance with the views of the students.

### WELLBEING:

I will provide information regarding sexual health needs more promotion in Trinity.

I want to introduce campaigns around "Stress Management" and "How To Support a Friend" with emphasis on exam periods.

The counselling services need more space and we need to help them find it. I will liaise frequently with the service about the support they need from the Union.